

# **FAT CONTROL: THE NET EQUATION**

Diane Pinkard

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Sibutramine inhibits reuptake of both norepinephrine and serotonin in central nervous system neurons. In two studies, only 30 percent of patients who reached their goal were able to maintain their weight loss for at least 18 months.

The acetyl-CoA is then used for fatty acid synthesis and cholesterol synthesis. To lose weight, you need to eat less than. Their disadvantage is that, since the counseling is nonprofessional in nature, the programs are only as good as the people who are involved. Rollin Woodyatt had a scientific breakthrough: he found that the compounds acetone and beta-hydroxybutyric acid were detectable in high levels in fasting patients. To be fair, they can also be present in low levels normally, and things like dehydration can trigger a false positive test.

The obese do not need to ingest a lot of fat—they are lugging ample stores around. The discussion here will be limited to the Embden–Meyerhof–Parnas pathway.